luscious looks

Before & Aftercare Instructions

Preparation

- Hair must be clean before the extensions are fitted. I recommend that you wash your hair twice with a clarifying shampoo such as Clairol Herbal Essences, but many are available and this will make sure any build up and excess oil is removed. Wash out thoroughly.
- Do not use conditioner as this will cause bonds to slip and make it harder for me to apply the extensions.
- If you usually straighten your hair, please ensure it is straightened before the fitting.

Aftercare

- Do not wash your hair for 48hrs after extensions are fitted, this gives the extensions time to settle.
- Always brush your hair before washing to get out any knots and tangles. Brush from the bottom of the hair up to the roots, and always use an extension brush.
- Use shampoo & conditioner suitable for extensions. Do not massage your hair, and always wash hair with head tilted back. Do not tilt head over sink or bath as this puts extra weight on the extensions.
- Apply conditioner from below the bonds and start to comb from ends to roots.
- Rinse thoroughly and leave to dry naturally.

Styling

- Always use an extension brush and brush *carefully*.
- Hair styling tools can be used on extensions but the less you use them the better it is for the extensions.

Sleeping

- Extensions should be tied back in a loose plait or ponytail while sleeping to avoid the extensions becoming tangled.
- Each morning undo plait/ponytail and brush your ends first working your way to the roots.

Swimming

- Salt water and chlorine tend to dry extensions where possible avoid swimming.

IMPORTANT

- Your hair sheds on a daily basis as part of it's natural process losing between 50 - 100 strands. Just because you have extensions doesn't mean this process stops. It continues, but since your hair is held together by the extensions the hair is trapped in the installation and therefore not falling out into the sink or your brush.

- When you remove your hair extensions all of the natural hair that should have come out daily would be released and it appears as though a lot of hair is coming out at once, but this is normal and is just the build up of the daily breakdown of hair.

- Extensions need maintaining and looking after. You have to be willing to spend time on them and have patience to look after them, otherwise they will not stay in good condition. Longer hair extensions tend to be harder to look after than shorter ones.

- Extensions may also itch and be uncomfortable for a few days after fitting. This tends to be just above the nape of your neck and in the middle and around your crown as these are the most sensitive parts of your scalp.

If you follow this advice and guidelines then you should have no problem keeping your hair extensions looking great as they are supposed to be.